

Caprice-

I just wanted to send a sincere appreciation to the Next Level Wellness staff for the treatment of my right knee after my surgery. I knew I was in the right place when I showed up the first day and the office and staff were energetic, attentive and sincere in hearing what my goals were. I had a unique work situation and timeline that I was worried about and after speaking with you and Dr. Vas, I was confident of two things: 1. You both would do everything you could to help me get back to full duty and 2. The approach Next Level Wellness would take with my aftercare, which involved exercise selection, rotating modalities, tissue work and listening to my input, was far beyond any other physical therapy clinic I had been to in the past. I was also impressed when I received a text after my first visit asking me how I was feeling and if I needed anything! The customer service was amazing and knowing that I could reach out if I had a concern, question or needed reassurance, which made all of the difference in my recovery! I was able to get back to full duty sooner than expected, with full ROM, no pain, and without cutting any corners! Even more important, in my opinion, was the education I received about the exercises I was doing and why I was doing them. I have continued to use that information in my daily routine and I'm positive that's why I am feeling stronger than ever in both legs.

Thank you for everything you did for me! I highly recommend Next Level Wellness to any public service professional and friend.

Sincerely,

Natalie Nacker
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(Previously WEFIT Coordinator)
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