

To Whom It May Concern,

This letter is express my complete satisfaction as it pertains to being treated at Next Level Wellness. I elected to see Dr. Vasili (Dr. Vas) at Next Level Wellness after being referred by a fellow officer. Having already been treated at another location for a back injury, I was not pleased with the results of my therapy or the attention my injury was receiving.

Dr. Vas was very welcoming and took the appropriate amount of time to clearly discuss my injury. From day one, Dr. Vas set me on a course of recovery and the results were better than expected. My appointments always started with a consultation with Dr. Vas where he would conduct an examination and Chiropractic adjustment while coupled with some partner assisted stretching. I also saw Dr. Plumber who was equally amazing and not afraid to hit the gym with me and personally lead the physical therapy session.

After seeing Dr. Vas, I would then enter into the gym area which in itself is very impressive. The gym itself is a huge facility with all types of PT and gym equipment which offers numerous choices to aid in one's fitness and recovery. I was partnered with the Director of Sports Medicine and Rehabilitation, Caprice Leonard, who tailored each session to my needs and offered professional insight into different techniques that would work for me. This is one-on-one treatment consisting of stretching and training, not the group therapy sessions often experienced at other medical facilities. Next Level also provided a workout routine which was accessible via a cellphone application; which I found very helpful and added accountability to the at home workouts I was expected to perform.

Additionally, there is also an amazing on-site massage therapist which was also worked into my treatments. After only two weeks of being treated at Next Level Wellness, my back honestly felt better then it had in years.

I found Dr. Vas and the entire Next Level team to be very welcoming and pro-military, police, and fire. They understand the injuries of first responders and appreciate our desire to get back full duty. At my request, Dr. Vas installed a secure gun locker to accommodate the police officers visiting his office. Even when my scheduled visit was completed, Dr. Vas offered up the use of his gym should I want to stay awhile longer and work out. These are just a couple examples of Dr. Vas going above and beyond to not only aid in my recovery, but also build a lasting relationship.

Since being treated at Next Level Wellness I have referred many others there as well; even those who are not law enforcement. Coming from someone who has a few on duty injuries which resulted in surgeries and physical therapy, I highly recommend Next Level Wellness to anyone looking to heal up and get back to living their best life.

Detective Eric Haug